

Location

These lectures are held in the Riley Outpatient Center (ROC), conference rooms A & B, located at 705 Riley Hospital Drive at the Ruth Lilly Learning Center. A set of elevators or stairs will take you to the lower level. (Follow the signs)

Parking

The parking is available in the Riley Outpatient Center Garage located next to the main entrance of Riley's Outpatient Center. Parking Validation is available.



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In support of improving patient care, Indiana University School of

Medicine is jointly accredited by the Accreditation Council for Continuing Medical Education (ACCME), the Accreditation Council for Pharmacy Education (ACPE), and the American Nurses Credentialing Center (ANCC), to provide continuing education for the healthcare team.

Physicians

Indiana University School of Medicine designates this live activity for a maximum of 3.25 AMA PRA Category 1 Credits™. Physicians should claim only the credit commensurate with the extent of their participation in the activity.



Division of General and Community Pediatrics

Presents

the

2018-2019 Practical Pearls Workshop Series

Our January Theme:

**Promoting Good Mental Health in
Primary Care, Part 2**

to register go to:

<https://iu.cloud-cme.com/PracticalPearls12619>

2017-2018 Pediatric Practical Pearls Agenda

**Saturday, January 26, 2019
7:45 am to 12:00 pm**

Course Description

Promoting Good Mental Health in Primary Care, Part 2

In Promoting Good Mental Health in Primary Care, Part 1, held September 2018, we discussed evidence based diagnostic guidelines for ADHD, Depression and Anxiety, and management of uncomplicated mental health and behavioral problems. In Part 2, we will focus on more in-depth understanding of management of complicated ADHD, common psychiatric conditions, and the assessment and management of sleep problems as well as improving our understanding of what therapies can and should be provided to our patients, and how to establish meaningful communication with patients and families in Primary Care.

Course Objectives

At the conclusion of this course, participants should improve their knowledge in current diagnosis and treatment guidelines and should be able to:

- Describe in general terms what evidence based psychotherapy entails for common psychiatric conditions.
- Identify treatment options for ADHD after failure of first line medications.
- Identify the patients for whom overnight polysomnography will likely be high yield
- Discuss approaches for responsive communication with families and mindfulness-based practices for use with pediatric patients.

January Series

7:30	Registration
7:45 am	Breakfast with Overview of General and Community Pediatrics Dorota Szczepaniak, MD Associate Professor of Clinical Pediatrics Division Chief of General & Community Pediatrics, IUSM
8:00 to 8:50 am	Talk 1 - "Psychotherapy: What Physicians Need to know" Ann M. Lagges, PhD, HSPP, ABPP Assistant Professor of Clinical Psychology in Clinical Psychiatry
9:00 to 9:50 am	Talk 2 - "Complicated ADHD: When to treat and when to refer" David W. Dunn, MD Professor of Psychiatry and Neurology
10:00 to 10:50 am	Talk 3 - "The Alphabet Soup of Sleep: Making sense of PSGs, OSA/AHI, RLS, MSLT, and more" Stephanie Jackson, MD Assistant Professor of Clinical Pediatrics Child Neurology
10:50 am	Break
11:20 to 12:00 pm	Talk 4 - "Mindful Communication Strategies for Pediatric Practice" Paula Sullivan, Ph.D. HSPP Associate Professor of Clinical Pediatrics Child Development Lynne Sturm, Ph.D. HSPP Associate Professor of Clinical Pediatrics Child Development
12 pm	Adjourn